

My Inspired Life Coaching

TIMELINE CHART EXPLORATIONS

Mark Goal Completion Points:

The form consists of six horizontal timeline charts, each represented by a horizontal line with vertical tick marks at the start and end. The labels for each chart are as follows:

- Chart 1: Start: **Your Current Age**, End: **Age 100**
- Chart 2: Start: **Today**, End: **10 years from now**
- Chart 3: Start: **Today**, End: **5 years from now**
- Chart 4: Start: **Today**, End: **1 year from now**
- Chart 5: Start: **Today**, End: **1 month from now**
- Chart 6: Start: **Today**, End: **1 week from now**